

Medical help

The Barbados emergency number for ambulance service is 511

There are also private ambulance services

FMH Emergency Centre	+1246 228 6120	https://www.fmhclinic.com/
Get-Help Ambulance Service	+1246 438 4357	
Islandwide Ambulance Service	+1246 266 2218	

For emergency medical attention

Sandy Crest Medical Centre	+1246 419 4911	https://www.sandycrest.net/?z=2
FMH Emergency Centre	+1246 228 6120	https://www.fmhclinic.com/

For less urgent attention, we normally use Sandy Crest Medical Centre.([map](#))

Plus Code: 785259J6+PM